

NHS Frimley Community Adult Tube Feed Formulary

[Places in Bracknell, Royal Borough of Windsor & Maidenhead, Slough, Surrey Heath, North East Hampshire & Farnham]

Traffic Light Coding: AMBER: All enteral feeds should only be prescribed on the recommendation of a Dietitian or other specialist, when ACBS indicator for prescription of borderline substances are met.

- All patients with an enteral tube feed are assigned to a named dietitian/team. Please refer to them for advice on quantity and duration of prescription. If further guidance on nutritional supplementation is required, the patient should be referred to a Dietitian for assessment.
- The products included in this formulary should be safe and suitable for most patients to use. Please refer to the BNF, manufacturer's information or Dietitian for advice if a patient is following a restricted diet for medical/religious purposes, or who has complex nutritional needs.
- **Dietitians should only use products listed on this formulary, as they have gone through approval by the Medicines Board.** If, however, a Dietitian requests a product not included on the formulary for clinical reasons, they must inform the prescriber that it is non-formulary and give clear justification for its use.
- Please see indication column for guidance on the use of each product. **Please note that products should only be used for the ACBS indicators they are specified for. Please see the ACBS abbreviation key in the footer and other abbreviations on the final page.**
- **Allergens are listed as per BNF or from the product manufacturers before October 2024. It is the clinician's responsibility to check each product for all other allergens before prescribing.** Products are gluten-free unless stated otherwise. N.B: Manufacturers state a product is 'clinically lactose-free', 'lactose-free' or containing 'residual lactose' if the lactose content is below a certain threshold. This varies from <0.2g-1.0g per 100ml for different products.
- All products are certified Halal or Kosher unless otherwise listed. Many products on this formulary obtain Vitamin D from Lanolin (found in live sheep's wool) which is not suitable for vegan diets, however may be accepted in vegetarian diets. If a patient follows a vegetarian or vegan diet, please check each product's suitability and discuss with the patient.
- **Accessing Feeds**
 - **Bracknell, Royal Borough of Windsor & Maidenhead, Slough:** All patients will require feed prescription via FP10 following specialist dietitian request, which is then fulfilled via Nutricia Homeward. Plastics and ancillaries are managed by the community dietitians and fulfilled by Nutricia Homeward.
 - **Contact:** DietitiansEast@berkshire.nhs.uk **0118 9043250**
 - **Surrey Heath and North East Hampshire & Farnham:** Feeds are provided off FP10. The tube feeds and ancillaries for adult patients in these areas will be ordered and managed by the Frimley Park Hospital Home Enteral Nutrition team and no prescription is needed.
 - **Contact:** fhft.hendietitians@nhs.net **0300 6134053**

Prices (MIMS) accessed April 2025 but are subject to change

Authors: Author: Medicines Optimisation Team, NHS Frimley	Issue date: April 2025	Version 2
Approved by: MOG / MOB	Review date: April 2027	

ACBS Indicators: Bowel Fistulae (BF), Continuous Ambulatory Peritoneal Dialysis (CAPD), Dysphagia (D), Disease-Related Malnutrition (DRM), Haemodialysis (HD), Proven Inflammatory Bowel Disease (IBD), Intractable Malabsorption (IM), Pre-Operative preparation of undernourished patients (PO), Short Bowel Syndrome (SBS) and Total Gastrectomy (TG).

All Tube Feeds: Feed volume, dose and quantity to be recommended by a Dietitian

Product Name, Manufacturer	ACBS Indication	FEEDS WITH FIBRE	Presentation	Calories / 100ml (kcal)	Protein / 100ml (g)	Cost per item £ (FP10)
Nutrison 800 Complete Multi Fibre (Nutricia)	<i>D, DRM, IM, IBD, PO, SBS, TG.</i>	0.8kcal/ml Clinically lactose free, but contains milk, soy, and fish oils. 1.5g fibre per 100ml	1000ml	83	5.5	£16.44
Nutrison 1000 Complete Multi Fibre (Nutricia)	<i>D, DRM, IM, IBD, PO, SBS, TG.</i>	1.0kcal/ml Clinically lactose free, but contains milk, soy, and fish oils. 2g fibre per 100ml	1000ml	104	5.5	£17.45
Nutrison 1200 Complete Multi Fibre (Nutricia)	<i>D, DRM, IBD, IM, PO, SBS, TG.</i>	1.2kcal/ml Clinically lactose free, but contains milk, soy, and fish oils. 2g fibre per 100ml	1000ml 1500ml	124	5.5	£18.45 £27.72
Nutrison Multi Fibre (Nutricia)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.0kcal/ml Clinically lactose free, but contains milk, soy, and fish oils. 1.5g fibre per 100ml	500ml 1000ml 1500ml	103	4.0	£8.35 £15.71 £23.55
Nutrison Protein Plus Multi Fibre (Nutricia)	<i>D, DRM, IBD, IM, PO, SBS, TG</i>	1.28kcal/ml Clinically lactose free, but contains milk, soy, and fish oils. 1.5g fibre per 100ml	500ml 1000ml	128	6.3	£9.25 £17.98
Nutrison Energy Multi Fibre (Nutricia)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.5kcal/ml Clinically lactose free, but contains milk, soy, and fish oils. 1.5g fibre per 100ml	500ml 1000ml 1500ml	153	6.0	£9.99 £18.80 £29.02
TwoCal (Abbott)	<i>DRM, catabolic or fluid-restricted patients and other patients requiring a 2kcal/ml feed</i>	2.0kcal/ml Clinically lactose free but contains milk protein and soy 1g fibre per 100ml	1000ml	200	8.4	£24.83

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Product Name, Manufacturer	ACBS Indication	FEEDS with NO FIBRE	Formulation and Volumes	Calories / 100ml (kcal)	Protein / 100ml (g)	Cost per item £ (FP10)
Nutrison (Nutricia)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.0kcal/ml Clinically lactose free, but contains milk, soy, and fish oils.	500ml 1000ml 1500ml	100	4.0	£7.72 £13.57 £20.38
Nutrison Energy (Nutricia)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.5kcal/ml Clinically lactose free, but contains milk, soy, and fish oils.	500ml 1000ml 1500ml	150	6.0	£9.01 £16.93 £25.36
Nutrison Protein Plus (Nutricia)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.25kcal/ml Clinically lactose free, but contains milk, soy, and fish oils.	500ml 1000ml	125	6.3	£8.33 £16.13
Nutrison Protein Plus Energy (Nutricia)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.5kcal/ml Clinically lactose free, but contains milk, soy, and fish oils.	500ml 1000ml	150	7.5	£9.01 £16.94

Product Name, Manufacturer	ACBS Indication	FEEDS: Plant Based & Food Derived	Formulation and Volumes	Calories / 100ml (kcal)	Protein / 100ml (g)	Cost per item £ (FP10)
Fortisip PlantBased 1.5kcal (Nutricia)	<i>BF, DRM, IBD, IM, PO, SBS, TG.</i>	1.5kcal/ml Suitable for vegans but contains soy 0.05g fibre per 100ml	200ml	150	6.0	£1.60
COMPLEAT 1.5 HP (Nestle)	<i>BF, D, DRM, IBD, IM, PO, TG, feeding intolerance, developmental disabilities</i>	1.5kcal/ml Food derived – check label. Contains meat, milk and fish oils. 1.5g fibre per 100ml <i>Order via local pharmacy</i>	500ml	150	7.5	£9.53

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Product Name, Manufacturer	ACBS Indication	SECOND LINE ABBOTT FEEDS – only for use when supply issue with Nutricia products	Formulation and Volumes	Calories / 100ml (kcal)	Protein / 100ml (g)	Cost per item £ (FP10)
Osmolite liquid (Abbott)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.0kcal/ml Clinically lactose free, but contains milk, soy.	500ml 1000ml	101	4.0	£7.77 £13.66
Osmolite HP liquid (Abbott)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG</i>	1.0kcal/ml Clinically lactose free, but contains milk, soy.	500ml	100	6.26	£8.05
Osmolite Plus liquid (Abbott)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG</i>	1.2kcal/ml Clinically lactose free, but contains milk, soy.	500ml 1000ml	120	5.6	£8.45 £15.38
Osmolite 1.5 tube feed liquid (Abbott)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.5kcal/ml Clinically lactose free, but contains milk, soy.	500ml 1000ml 1500ml	150	6.25	£9.04 £17.08 £25.57
Jevity Promote liquid (Abbott)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.03kcal/ml Clinically lactose free, but contains milk, soy. 1.7g fibre per 100ml	1000ml	103	5.55	£17.57
Jevity liquid (Abbott)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG excludes bowel fistulae</i>	1.07kcal/ml Clinically lactose free, but contains milk, soy. 1.76g fibre per 100ml	500ml 1000ml 1500ml	107	4.0	£8.40 £15.86 £23.76
Jevity Plus liquid (Abbott)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.22kcal/ml Clinically lactose free, but contains milk, soy. 2.2g fibre per 100ml	500ml 1000ml 1500ml	122	5.6	£10.07 £18.37 £27.50
Jevity Plus HP gluten free liquid (Abbott)	<i>BF, CAPD, D, DRM, IBD, IM, PO, SBS, TG</i>	1.31kcal/ml Clinically lactose free, but contains milk, soy. 1.5g fibre per 100ml	500ml	131	8.13	£9.87
Jevity 1.5 liquid (Abbott)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG.</i>	1.54kcal/ml Clinically lactose free, but contains milk, soy. 2.2g fibre per 100ml	500ml 1000ml 1500ml	154	6.38	£10.05 £18.97 £29.30

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Product Name, Manufacturer		ACBS Indication	BOLUS feeds for enteral feeding	Presentation	Calories /100ml (per serving) (kcal)	Protein /100ml (per serving) (g)	Cost per item £ (FP10)
Use FIRST line	Fortisip Bottle (Nutricia)	BF, D, DRM, IBD, IM, PO, SBS, TG.	1.5kcal/ml Clinically lactose free but contains milk and soy. Cost effective: Better value than Fortisip Compact	200ml Carton	150 (300)	5.9 (11.8)	£1.45
	Fortisip Extra (Nutricia)	BF, D, DRM, IBD, IM, PO, SBS, TG.	1.6kcal/ml Clinically lactose free but contains milk and soy. Cost effective: Better value than Fortisip Compact Protein	200ml Bottle	159 (318)	9.8 (19.6)	£1.65
	Nutrison Energy Multi Fibre Vanilla (Nutricia)	BF, D, DRM, IBD, IM, PO, SBS, TG.	1.5kcal/ml Clinically lactose free, but contains milk, soy, and fish oils. 4.4g fibre per serving	200ml Bottle	154 (308)	6.0 (12)	£3.36
	Fresubin 2kcal Drink (Fresenius)	BF, DRM, IBD, IM, PO, SBS, TG, CAPD, HD.	2.0kcal/ml Clinically lactose free but contains milk and soy. Order via local pharmacy	200ml Bottle	200 (400)	10 (20)	£2.40
	Fresubin 2kcal Fibre Drink (Fresenius)	BF, DRM, IBD, IM, PO, SBS, TG, CAPD, HD.	2.0kcal/ml Clinically lactose free but contains milk and soy. 3g fibre per serving Request as 3rd party	200ml Bottle	200 (400)	10 (20)	£2.50
	Ensure TwoCal (Abbott)	BF, D, DRM, IBD, IM, PO, TG, SBS, CAPD, HD.	2.0kcal/ml Clinically lactose free but contains milk and soy. 2g fibre per serving Request as 3rd party	200ml Bottle	200 (400)	8.4 (16.8)	£2.99
	TwoCal Bolus (Abbott)	DRM, catabolic or fluid-restricted patients	2.0kcal/ml Clinically lactose free but contains milk and soya. 2g fibre per serving Request as 3rd party	200ml Bottle	200 (400)	8.4 (16.8)	£4.45
Use SECOND line	Fortisip Compact (Nutricia)	BF, DRM, IBD, IM, PO, SBS, TG.	2.4kcal/ml Clinically lactose free but contains milk and soy.	125ml Bottle	240 (300)	9.6 (12.0)	£1.65
	Fortisip Compact Protein (Nutricia)	BF, DRM, IBD, IM, PO, SBS, TG	2.4kcal/ml Clinically lactose free but contains milk and soy.	125ml Bottle	245 (306)	14.6 (18.3)	£2.60
	Fortisip Compact Fibre (Nutricia)	BF, D, DRM, IBD, IM, PO, SBS, TG	2.4kcal/ml Clinically lactose free but contains milk and soy. 4.5g fibre per serving	125ml Bottle	240 (300)	9.5 (11.9)	£2.87

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Product Name, Manufacturer		ACBS Indication	SPECIALIST FEEDS	Presentation	Calories per 100ml (kcal)	Protein per 100ml (g)	Cost per item £ (FP10)
Renal	Nepro HP tube feed (Abbott)	<i>CAPD, HD, cirrhosis.</i>	1.8kcal/ml Clinically lactose free but contains milk. <i>Request as 3rd party</i>	500ml	180	8.1	£11.58
SOY-based	Nutrison Plantbased Soya (Nutricia)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG cow's milk or lactose intolerance.</i>	1.0kcal/ml Clinically lactose and milk-free but contains soya. Suitable for vegans. Previously known as Nutrison Soya	1000ml	100	4.0	£16.71
	*Nutrison Plantbased Soya Multi Fibre (Nutricia)	<i>BF, D, DRM, IBD, IM, PO, SBS, TG, cow's milk or lactose intolerance.</i>	1.0kcal/ml Clinically lactose and milk-free but contains soya. Suitable for vegans 1.5g fibre per 100ml *Name change from Nutrison Soya Multi Fibre to Nutrison Plantbased Soya Multi Fibre (05/05/2025)	1500ml	103	4.0	£27.80
Peptide-based	Nutrison Peptisorb (Nutricia)	<i>BF, DRM, IBD, IM, SBS.</i>	1.0kcal/ml Clinically lactose free but contains milk and soy.	500ml	100	4.0	£12.17
	Nutrison Peptisorb Plus HEHP (Nutricia)	<i>BF, DRM, IBD, IM, PO, SBS, TG</i>	1.5kcal/ml Clinically lactose free but contains milk and soy.	500ml 1000ml	150	7.5	£12.13 £22.83
	Peptamen tube feed (Nestle)	<i>BF, IBD, IM, SBS.</i>	1.0kcal/ml Contains lactose, milk and soy. <i>Request as 3rd party</i>	500ml 1000ml	100	4.0	£9.46 £17.75
	Peptamen HN (Nestle)	<i>BF, IBD, IM, SBS</i>	1.33kcal/ml Contains lactose, milk and soy. <i>Request as 3rd party</i>	500ml 1000ml	133	6.6	£10.17 £19.09
	Peptamen AF (Nestle)	<i>BF, DRM, IBD, IM, PO, SBS, TG.</i>	1.5kcal/ml Contains lactose, milk, soy, and fish oil. <i>Request as 3rd party</i>	500ml	152	9.4	£11.12

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Product Name, Manufacturer		ACBS Indication	MODULAR SUPPLEMENTS	Presentation	Calories per serving (kcal)	Protein per serving (g)	Cost per item £ (FP10)
Protein supplement	Nutrison Protein Shot (Nutricia)	<i>DRM with increased protein requirements</i>	Whey-based. Shake well before use. Use immediately once opened. Contains bovine gelatine. Halal, not Kosher.	40ml pot <i>6 x 40ml cluster pack (240ml)</i>	45	11	£1.56/pot <i>£9.36 per cluster</i>
	Prosource TF (Nutrinovo)	<i>hypoproteinaemia</i>	<i>Request as 3rd party</i>	45ml pouch <i>100 x 45ml</i>	44	11	£1.59
	Prosource TF ENFit (Nutrinovo) Unflavoured	<i>hypoproteinaemia</i>	Clinically lactose and milk-free. Contains hydrolysed collagen so may not be suitable for vegetarians Cost effective: Where 20g protein is required, consider 1 x 60ml Prosource TF ENFit <i>Request as 3rd party</i>	60ml pouch <i>50 x 60ml</i>	76	20	£2.67
	Prosource TF Plant (Nutrinovo) Unflavoured	<i>hypoproteinaemia</i>	0.45g fibre per serving Suitable for vegans <i>Request as 3rd party</i>	45ml pouch	90 kcal	15	£2.39
Fat supplement	Calogen (Nutricia) Neutral, Strawberry	<i>DRM, malabsorption states</i>	High energy fat emulsion	200ml bottle	450kcal per 100ml	0	£6.84
Fibre supplement	HyFiber (Nutrinovo)	<i>Dietary management of bowel transit disorder in tube fed patients.</i>	Clinically lactose and milk-free. Soluble Fibre (FOS) = 12g per sachet <i>Bottles:</i> Discard unused contents 3 months after opening. <i>Request as 3rd party</i>	30ml sachet <i>100 x 30ml</i>	53	0	£1.13
	Mild citrus			887ml bottle			£33.05

Any queries, please contact the specialist Dietitian directly, or the Medicines Optimisation Team Prescribing Support Dietitian frimleyicb.prescribing@nhs.net

Abbreviations: **ACBS** (Advisory Committee on Borderline Substances), **BNF** (British National Formulary), **CAPD** (Continuous Ambulatory Peritoneal Dialysis), **g** (grams), **kcal** (Kilocalories), **MCT** (Multiple Chain Triglycerides), **TF** (Tube Feed).

Version Update	Changes made	Approved
Version 2 (April 2025)	Manufacturer name changes: Nutrison Soya to Nutrison Plantbased Soya (30/1/25) Nutrison Soya Multifibre to Nutrison Plantbased Soya Multifibre (5/5/25)	April 2025
	Added: Prosource TF Plant, Prosource TF, Ensure TwoCal, TwoCal Bolus. Added prices. Updated Dispensing options for non-Nutricia feeds. Added Abbott feeds for when supply issue with Nutricia.	April 2025

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