



Dear patient and/or carers,

RE: Change in brand of your rapid-acting insulin from NovoRapid® to Trurapi®

We are writing to you as you are using rapid acting insulin aspart (also known as Novorapid®) to manage your diabetes.

The NHS now has another brand of insulin aspart available to prescribe called Trurapi®. Trurapi® is a biosimilar version of the insulin aspart contained in your current Novorapid® (\*this means it is exactly the same product as NovoRapid). It has been tested to ensure that it is equally effective and safe.

**Trurapi® is much better value for the NHS to prescribe** and local diabetes experts have agreed that patients who are currently being treated with Novorapid® should be considered as appropriate to switch to Trurapi®.

We have therefore switched your insulin from:

**Novorapid® Flexpen Prefilled Pens**

To

**Trurapi® SoloSTAR Prefilled Pens**

- There is no required change to your current dose.
- Continue to monitor your glucose levels in your usual way. If you have any concerns about your glucose levels, please contact your doctor or your usual diabetes team.
- Trurapi is a SOLOSTAR device and will work the same as all other SOLOSTAR devices.
- For more information regarding using your new insulin, please watch a demonstration at: <https://www.mysanofiinsulin.co.uk/Trurapi>  
If you don't have access to the internet, you can find instructions inside the packaging of your new Trurapi® insulin.
- If you have any questions about how to use the pen, then please contact your usual care provider.

Yours sincerely,

The Diabetes Team

## Frequently Asked Questions (FAQs)

### **What is a biosimilar insulin?**

\*A biosimilar insulin is a biological version of an existing insulin made by a different company- and they are essentially the same. Biosimilar insulins are less expensive than the original insulin so is more cost effective for the NHS. For more information go to <https://www.england.nhs.uk/medicines-2/biosimilar-medicines/>

### **How do you know Trurapi is as safe and effective as NovoRapid?**

Trurapi® has been compared to Novorapid® in studies and has been shown be as effective and safe. For further detailed information go to <https://www.campus.sanofi/uk/science/diabetes/curated-science/Trurapi>

### **Will my needles change?**

No, you can continue using the same type of needles you used for your NovoRapid pen.

### **What if I use an insulin pump?**

If you are using an insulin pump, you should continue using your usual insulin. Your insulin will not be switched at this current time.