

## Frimley ICB smoking cessation services

Place	Provider	Referral links	Details of access to NRT	Where bupropion (Zyban) and varenicline (Champix) are available may a GP prescribe on request by a smoking cessation advisor?	Further information
Bracknell	<a href="#">Smokefree Berkshire (Solutions4health)</a>	<a href="https://www.smokefreelifeberkshire.com/">https://www.smokefreelifeberkshire.com/</a>	<ul style="list-style-type: none"> <li>• NRT – available as direct supply and posted out centrally to client address on a weekly basis.                             <ul style="list-style-type: none"> <li>○ Patches</li> <li>○ Inhalators</li> <li>○ Lozenges</li> <li>○ Mouth Spray</li> <li>○ Gum</li> </ul> </li> <li>• E-Cigarettes – posted out to client address</li> </ul>	<ul style="list-style-type: none"> <li>• Medications – available through partnership with an online pharmacy Zava (supplied by a Prescriber)                             <ul style="list-style-type: none"> <li>○ Zyban</li> <li>○ Cytisine</li> <li>○ Varenicline</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• All quit aids including prescription-only medications are supplied at no cost to service users</li> </ul>
North East Hants	<a href="#">Smokefree Hampshire (Thrive Tribe)</a>	<a href="https://www.smokefreehampshire.co.uk/make-a-referral/">https://www.smokefreehampshire.co.uk/make-a-referral/</a>	NRT is provided as part of the service.	<ul style="list-style-type: none"> <li>• Yes, service will request script via GP.</li> <li>• Varenicline and Bupropion available under letters of recommendation or PGD.</li> </ul>	<ul style="list-style-type: none"> <li>• Nothing of note.</li> </ul>
Royal Borough	<a href="#">Stop Smoking Berkshire (Solutions 4Health)</a>	<a href="https://www.smokefreelifeberkshire.com/">https://www.smokefreelifeberkshire.com/</a>	NRT is provided as part of the service.	<ul style="list-style-type: none"> <li>• No, service prescribes bupropion, varenicline and cytisine via an independent prescriber from an online pharmacy.</li> </ul>	<ul style="list-style-type: none"> <li>• Drop-in clinics in local community settings, GP surgeries, supermarkets and other venues</li> <li>• Home visits for people with mobility problems</li> </ul>

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Slough	<a href="http://healthandwellbeingslough.co.uk">Stop Smoking - HWS Slough (healthandwellbeingslough.co.uk)</a>	<a href="https://healthandwellbeing.slough.co.uk/referral-form/">https://healthandwellbeing.slough.co.uk/referral-form/</a>	<ul style="list-style-type: none"> <li>All those with HO mental health or are pregnant will get NRT/vape for 12 weeks &amp; others are based on need.</li> <li>Vapes are only for those over 18.</li> </ul>	<ul style="list-style-type: none"> <li>No Zyban available.</li> </ul>	<ul style="list-style-type: none"> <li>Available to all Slough residents and those who work or study in Slough</li> <li>As of Oct22 two vape shops in Slough, that are part of the Independent British Vape Trade Association and are NSCST trained, work in collaboration with the stop smoking service.</li> </ul>
Surrey Heath including Farnham	<a href="https://oneyousurrey.org.uk">One You Surrey</a>	<a href="https://oneyousurrey.org.uk/refer/">https://oneyousurrey.org.uk/refer/</a>	<ul style="list-style-type: none"> <li>Nicotine replacement therapy (NRT) will be provided as part of the service in pregnancy and for clients with defined long-term health conditions.</li> <li>Requests to prescribe NRT will only be made to the GP in rare circumstances where the client requests further NRT beyond 12- weeks (at the discretion of the GP).</li> </ul>	<ul style="list-style-type: none"> <li>Yes, to Varenicline</li> <li>A request form for initiation and prescribing (includes screening questions) will be emailed to the patient's GP by the service. Follow up prescription requests will be emailed to the GP until the course is completed at 12 weeks.</li> <li>Clients will be monitored by 'One You' Surrey on a weekly basis for any side effects. At the end of treatment, patients will be issued with a letter to be given to their GP to</li> </ul>	<ul style="list-style-type: none"> <li>GPs may prescribe smoking cessation products for patients who decline referral in line with CKS guidance.</li> <li>The following resource contains essential guides, resources, and strategies aimed at supporting practices in helping patients successfully quit smoking: <a href="#">Smoking Cessation Toolkit</a></li> </ul>

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				<p>update records and book a medication review (where appropriate).'</p> <ul style="list-style-type: none"><li>• Service provides Bupropion (Zyban) and Cytisine.</li></ul>	
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