

Resource® ThickenUp® Clear – change in pack size

Resource® ThickenUp® Clear is a gum-based thickener that may be prescribed for patients who have dysphagia and eating, drinking and swallowing problems.

From February, the **tin size is increasing from 127g to 215g**. The formulation and scoop size remain the same.

To avoid over-prescribing and wastage, prescription quantities need to be adjusted according to the amount of thickener required.

Use the table below to adjust the number of tins required to maintain the usual frequency of ordering.

Old presentation 127g Usual number of tins issued	New presentation 215g New number of tins to issue
1	1
2	2
3	2
4	3
5	3
6	4
7	4
8	5

Your practice pharmacy team may wish to check the quantity corresponds to the IDDSI Level advised by a speech and language therapist in their letter to the GP. For example, based on *1000ml fluid intake, the following number of 215g tins would be required:

28 days	Level 1 Slightly Thick	Level 2 Mildly Thick	Level 3 Moderately Thick	Level 4 Extremely Thick
1000ml	1 x 215g tin	2 x 215g tin	4 x 215g tin	5 x 215g tin

These amounts are a guide and will vary depending on individual needs.

Nutricia Homeward Service

For patients in East Berkshire on enteral tube feeds, the supplier is in the process of being switched over from Abbott H2H to Nutricia Home Services. Information to support prescription clerks and practice staff will be available shortly. In the meantime, if you have any queries, please contact your Medicines Optimisation Pharmacist or the Medicines Optimisation team on the email address below.

For repeat prescriptions training for admin staff /prescription clerks or newsletter queries, please contact your Medicines Optimisation Pharmacist or email: frimleyicb.prescribing@nhs.net