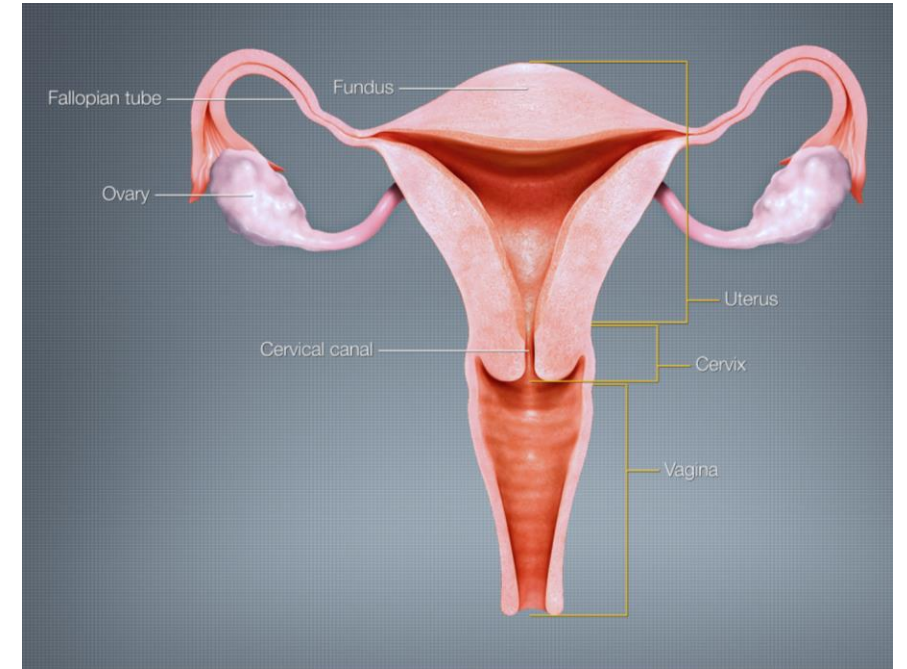




Question:

In a patient with a subtotal hysterectomy, do you know which Hormone Replacement Therapy preparations to use?





Medicines
safety is
everyone's role

Answer: Not clear cut, but follow this advice:

- Patients with sub total hysterectomy may require both oestrogen and progesterone.
- British Menopause Society advice is to consider prescribing sequential progestogens for up to 3 months. If no bleeding occurs, consider it unlikely that residual endometrium is present, therefore oestrogen only HRT can be prescribed.
- Ongoing progestogen intake should only be considered if there are concerns that the remnant cervical stump may contain residual endometrial tissue in women who experience cyclical bleeding with sequential HRT.
- Progesterone has been omitted in sub total hysterectomy patients thus risking increased endometrial hyperplasia.

British Menopause Society advice including information on sequential progestogens:
[14-BMS-TfC-Progestogens-and-endometrial-protection-APR2023-A.pdf](#)